

The 46th World Karate Association Shidokan International Championship

The 46th Shidokan Open International Championship

Announcement of the Championship and Invitation to Participate

Dear Sir/Madam, we sincerely hope this finds you in ever-greater health and good spirits.

We extend our heartfelt thanks for your continued and generous support of Shidokan's activities.

We are pleased to announce that the 46th World Karate Association Shidokan International Championship

"The 46th Shidokan Open International Championship"

will now be held.

That we are able to hold this championship is entirely thanks to the guidance and encouragement of all who care, and for this we express our deep gratitude.

From across the nation, hand-picked athletes aiming to be Japan's best in practical karate exchange their thoroughly tempered spirit, technique, and body, stirring

excitement and emotion in all who watch, and serving as a great goal for young people striving to refine their spirit and technique.

We understand this is a busy season for you, but we sincerely ask for your understanding and participation.

Yours sincerely

Details

[Date & Time]	Sunday, November 1, 2026
[Venue]	Doors open / Reception 9:00 AM Opening Ceremony 9:30 AM Hamamatsu Industrial Exhibition Hall 20-2 Ryutsu-Motomachi, Chuo-ku, Hamamatsu, Shizuoka
[Special Sponsor]	NPO Yokohama Future Council
[Sponsors]	Karate Jiho Shinsha / Planning, production & sales of karate books and videos / Dragon Damashii Dougji Publishing "Shin Karatedo Editorial Department"
[Support]	Hamamatsu City / Hamamatsu City Board of Education

Contact

Championship Office: World Karate Association Shidokan Hamamatsu Soeno Dojo
Address: 45-2 Oroshihon-machi, Chuo-ku, Hamamatsu, Shizuoka 432-8055
TEL 053-545-4550 FAX 053-581-7332

Participation Guidelines and Important Notes

[How to Apply]	Fill out the group application form (Excel data) and send it to the address below. *PDF not accepted Please send the participation fee from each dojo by registered cash mail. Championship Office: World Karate Association Shidokan Hamamatsu Soeno Dojo Address: 45-2 Oroshihon-machi, Chuo-ku, Hamamatsu, Shizuoka 432-8055 TEL 053-545-4550 FAX 053-581-7332 e-mail info@y-shido.com URL http://shidokan.jp Bank Transfer Hamamatsu Iwata Shinkin Bank, Shinohara Branch, Ordinary Account 2128855, Shidokan Championship Executive Committee *We kindly ask that you cover the transfer fee.
[Application Deadline]	Must arrive by Tuesday, September 15, 2026 (strictly enforced)
[Participation Fee]	High school age and above: 10,000 yen per athlete per event *For double or triple entries, half price is charged for each additional event. *Participation in the Kata division only is 5,000 yen. Boys & Girls division: 5,000 yen per athlete per event *For double or triple entries, half price is charged for each additional event.
[Admission Fee]	¥2,000 (tax included) · Two tickets will be distributed per athlete. · Each group representative will receive two tickets.
[Assembly & Reception]	Assemble by 9:00 AM on November 1, 2026, follow the staff's instructions, complete reception and weigh-in, and prepare for your matches. (Previous-day weigh-in also available) See below.
*Previous-day weigh-in	Weigh-in will be held at the venue on October 31, 2026, from 5:00 PM to 6:00 PM.
[Other]	① A foul cup must be prepared by each athlete and worn under the karate gi. Mouthguard use is optional, but please prepare and wear one if possible. ② The organizers bear no responsibility for any injuries or accidents during matches. ③ Athletes must strictly observe the weight limit of their class. Exceeding the weight limit results in disqualification; transfer to a higher class is not permitted. ④ Athletes must know their match start times and be on standby no later than three matches beforehand. Absence at the start of the match results in disqualification. ⑤ Athletes must promptly report if they become unable to compete. ⑥ Participation fees once paid to the Executive Committee are non-refundable. ⑦ Please refrain from participating if you are not in good health or have not fully recovered from an injury. ⑧ Venue parking is limited. Parking around the venue is prohibited. The surrounding area is expected to be very crowded with other visitors, so please use public transportation. ⑨ Please prepare your own head guard (with face cover) and red cord. ⑩ A maximum of two seconds (cornermen) is allowed. Please refrain from abusive language or jeering; you may be warned.



Download the application form from the Shidokan official website

Judging Regulations

Shidokan Karate (Categories No. 1-3)

① Match Duration

Main bout: 3 min → 1 min extension → decision (If a draw: weigh-in, lighter athlete wins)

Final: 3 min → 2 min extension → 2 min second extension → decision
(If a draw: weigh-in, lighter athlete wins)

② Referees

- A three-referee system: one chief referee (2 points) and two judges (1 point each).
- To win by decision, an athlete must earn at least 2 total referee points and lead the opponent by at least 1 point; that athlete is the winner.

③ Win / Loss & Decision

Direct-strike system (full-contact rules)

"Effective Techniques"

"Ippon win": Two waza-ari make one ippon

- Throws, chokes, and joint locks are allowed

"Decision win": 2 or more referee points

- Grabbing allowed for 3 sec, ground techniques for 5 sec

"Foul warning": Two warnings = 1 point deduction (equal to a waza-ari)

"Foul Techniques"

"Point deduction": 2 deductions = loss by foul (equal to an ippon)

- Hand strikes above the neck are prohibited

- Attacks to the groin are prohibited

④ Protective Gear

Bare hands and feet

*A foul cup (groin cup) must be worn.

*If an athlete competes without one and takes damage that makes continuing impossible, it is a forfeit and the opponent may be declared the winner.

Full Contact Karate (Categories No. 4-27)

① Match Duration • General (Advanced)

Same as Shidokan Karate General

• General (Beginner-Intermediate), Masters, Women

Main bout: 2 min → 1 min extension → decision

(If a draw: weigh-in, lighter athlete wins)

Final: 2 min → 1 min extension → 1 min second extension → decision

(If a draw: weigh-in, lighter athlete wins)

② Referees

Same as Shidokan Karate rules

③ Win / Loss & Decision

Same as Shidokan Karate rules, but the following are prohibited

Throws, chokes, joint locks, ground techniques, knee kicks to the face (allowed only in the General Advanced division)

④ Protective Gear • Advanced

Bare hands and feet

• General (Beginner-Intermediate), Masters

Shin pads and punching gloves required

• Women

Chest guard, shin pads, and fist supporters required

Judging Regulations

Glove Karate Division (Categories No. 28-30)

① Match Duration

Preliminary / Main bout (3 min → 1 min extension → decision)

(If a draw: weigh-in, lighter athlete wins)

Final (3 min → 2 min extension → 2 min second extension → decision)

(If a draw: weigh-in, lighter athlete wins)

② Referees

Same as Shidokan Karate rules

③ Win / Loss & Decision

"Ippon win": A knockdown of 3 sec or more, or loss of the will to fight

"Effective techniques": Hand strikes (straight, hook, uppercut, backhand)

Kicks to areas other than the back

Attacks from the clinch

"Foul techniques": Attacking a downed opponent

Elbow strikes above the shoulder line

Any kind of throwing technique

"Disqualification": Fouls receive warnings; 2 warnings = 1 point deduction (equal to a waza-ari)

2 deductions = disqualification. Notes for athletes, etc.

- Athletes must wear a mouthguard and foul cup
- Hand wraps are optional; a wrap check is done beforehand
- Match gloves are provided by the organizers
- Attire must be a karate gi or kenpo gi (kick pants, etc. not allowed)
- Glove handicap applies
 - 3 kg to under 6 kg (2 oz): 10 oz vs 12 oz
 - 6 kg to under 9 kg (4 oz): 10 oz vs 14 oz
 - 9 kg and above (6 oz): 10 oz vs 16 oz

Judging Regulations

Sport Karate Division (Non-Contact Point System) - Categories No. 31-32, 56-72

- ① Match Duration General Main bout (2 min → 1 min extension): the first to score 1+ points wins
- ③ Win / Loss & Decision "Ippon win": First to score 6 points
- "Waza-ari": 3 points
- Upper-level kick, back kick
- For example, a straight punch to the centerline of the face or an upper-level kick precisely controlled (sun-dome)
- in such cases, etc.
- "Effective": 2 points
- Punch combination techniques (consecutive strikes to different areas, e.g. head and stomach)
- Combination techniques of punches and kicks
- For example, when a punch or kick to the mid-level centerline or flank lands, etc.
- "Yuko (advantage)": 1 point
- A single punch or kick
- Or when an attack lands accurately but is shallower than an effective technique, etc.
- ③ Judging Criteria • Correct posture
- Maintaining proper distance when attacking
- Powerful and fast techniques
- Spirit shown through the pulling hand and kiai
- Accurate attacks to the target with sharp focus, etc.
- *If both athletes land accurately at the same time, it is a mutual strike and 1 point is awarded to each.
- ④ Referees Same as Shidokan Karate rules
- ⑤ Fouls and Disqualification
- Direct-strike attacks
- Grabbing
- Failing to follow the referee's instructions
- Acts against the bushido spirit, such as insulting or provoking the opponent
- Two fouls = 1 point deduction; one deduction = loss by foul
- ⑥ Notes for Athletes, etc.
- Wear a karate gi
- Keep finger- and toenails short
- Headgear, shin pads, and fist supporters required
- Foul cup required
- Women must wear a chest guard (soft type) (optional for elementary age and younger)

Note: No metal objects or anything else that could endanger the opponent may be worn

Judging Regulations

Kata Division (General & Youth) - Mixed - Categories No. 33-34, 73-74

① Match Duration	Top-scoring athletes selected in a preliminary-and-final format		
② Performance Item	Free		
③ Judging	However, the preliminary and final must use different kata		
	Scored by three judges (100 points each, 300 points maximum)		
	Because slight differences exist between styles, judging is based on the three elements of kata		
	with an overall assessment including impression		
	Reference: The three elements of kata	1. Strength variation (strong / soft) 2. Body expansion and contraction (large / small) 3. Tempo of techniques (fast / slow) 4. Focus 5. Kiai (spirit)	

Samurai Rules (Categories No. 35-37)

Round 1	Karate
Round 2	Kickboxing
Round 3	Mixed Martial Arts

Match Duration 2 min per round, 1 min rest

- Round 1 Karate Same as Shidokan Karate refereeing rules
- Round 2 Kickboxing Same as Glove Karate refereeing rules
- Round 3 Mixed Martial Arts
 1. Wear 5 oz open-finger gloves
 2. All joint locks are allowed (shoulder, elbow, wrist, knee, ankle)
 3. Sleeper chokes and guillotine chokes are allowed
 4. Fouls: Strikes to the head on the ground, biting, ear-pulling, eye-gouging, finger-poking, hooking, hair-pulling, frontal chokes, skin-pinching, etc.
 5. If a stalemate continues on the ground, the bout resumes standing at the chief referee's discretion
 6. Win/Loss: Standing knockdown, tap-out, verbal "give up," or referee stoppage

Judging Criteria • A 10-point-must deduction system per round
The winner is decided by the total score over three rounds
• Two warnings incur a penalty of minus 1 point
Two penalties result in disqualification

Judging Regulations

Full Contact Karate - Youth (Categories No. 38-55)

① Match Duration	• Boys & Girls	Main bout & Final: 1 min 30 sec → 1 min extension → decision (must-decision system)
② Judging Criteria (single decisive bout)	Direct-strike system (full-contact rules)	• Effective: A precise upper-level kick lands, regardless of damage. When continuous attacks force the opponent entirely on the defensive. • Waza-ari: A technique lands with enough damage to break the opponent's balance. When three effective techniques are earned. • Ippon: A technique lands and knocks the opponent down. When the chief referee judges the opponent has lost the will to fight. When two waza-ari are earned. • A three-referee system: one chief referee (2 points) and two judges (1 point each). • To win by decision, an athlete must earn at least 2 total referee points and lead the opponent by at least 1 point; that athlete is the winner. • Two foul warnings = 1 deduction (equal to a waza-ari); three warnings = 2 deductions (equal to an ippon), resulting in loss by foul.
③ Main Fouls	• Grabbing, hooking, throwing	• Hand strikes above the neck • Knee kicks to the face • Attacks to the groin • Attacking a downed opponent • Attacks from behind • Pushing with the hands
④ Protective Gear & Strict Requirements	• Junior high students	Head guard, shin pads, and punching gloves required *Boys: A foul cup (groin cup) must be worn *Girls: A chest guard (soft type) and under guard must be worn
	• Elementary age and younger	Head guard, shin pads, and fist supporters required *Boys: A foul cup (groin cup) must be worn *Girls: A chest guard (soft type) and under guard are optional
		*If an athlete competes without a foul cup and takes damage that makes continuing impossible, it is a forfeit and the opponent may be declared the winner.
		*Junior high students and above may not use fist supporters, open-finger gloves, etc.
		*Mouthguards are allowed

Note: In the event of injury during a match, please handle it through your group's sports insurance, etc.

Category Numbers

General						Youth					
1	Shidokan Karate	Male	Adult (HS+)	Advanced	Under 65kg	38	Full Contact Karate	Elementary	4-6 years old		
2					Under 75kg	39			Male	7 years old	
3					Over 75kg	40				8 years old	
4	Full Contact Karate	Male	Adult (HS+)	Advanced	Under 65kg	41				9 years old	
5					Under 75kg	42				10 years old	
6					Over 75kg	43				11 years old	
7			Adult (HS+)	Beginner-Intermediate	Under 65kg	44				12 years old	
8					Under 75kg	45			Female	7 years old	
9					Over 75kg	46				8 years old	
11		Senior (40+)	Advanced	Under 65kg	47	9 years old					
11				Under 75kg	48	10 years old					
12				Over 75kg	49	11 years old					
13		Senior (40+)	Beginner-Intermediate	Under 65kg	50	12 years old					
14				Under 75kg	51	Junior High	Male	Under 45kg			
15				Over 75kg	52			Under 55kg			
16		Female	Adult (HS+)	Advanced	Under 50kg			53	Open-weight		
17					Under 60kg		54	Female	Under 45kg		
18					Over 60kg		55		Open-weight		
19			Adult (HS+)	Beginner-Intermediate	Under 50kg	56	Sport Karate	Elementary	Male	7 years old	
20					Under 60kg	57				8 years old	
21					Over 60kg	58				9 years old	
22				Senior (40+)	Advanced	Under 50kg				59	10 years old
23						Under 60kg				60	11 years old
24						Over 60kg				61	12 years old
25			Senior (40+)	Beginner-Intermediate	Under 50kg	62			Female	7 years old	
26					Under 60kg	63				8 years old	
27					Over 60kg	64				9 years old	
28	Glove Karate		Male	Adult (HS+)	Under 65kg	65				10 years old	
29		Under 75kg			66	11 years old					
30		Over 75kg			67	12 years old					
31	Sport Karate	Male	Open-weight			68	Junior High	Male	Under 45kg		
32		Female	Open-weight			69			Under 55kg		
33	Kata, General Male					70			Open-weight		
34	Kata, General Female					71		Female	Under 45kg		
35	Samurai Rules	Male	Adult (HS+)		Under 65kg	72			Open-weight		
36					Under 75kg	73	Kata, Elementary				
37					Over 75kg	74	Kata, Junior High				

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[Group Entry Form]

I hereby declare that all information provided above is true and correct. We pledge to participate with integrity and in accordance with the rules of the tournament. In the event of any accident or injury during the match, we will not hold the organizer liable.

Furigana Dojo Name / Style		Mailing Address	Postal Code
		e-mail	
Representative / Instructor		Phone Number	

	Name	Furigana	Romaji	Gender	Age	Grade	Height (cm)	Weight (kg)	Rank	Award Record	Entry Category	Fee (JPY)	Membership Status
1													
2													
3													
4													
5													
6													
7													
8													
9													
10													
11													
12													

* Competitors who placed in the past year should enter the number of awards

[illegible]

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Furigana Dojo Name / Style		Mailing Address	Postal Code
		e-mail	
Representative / Instructor		Phone Number	

	Name	Furigana	Romaji	Gender	Age	Grade	Height (cm)	Weight (kg)	Rank	Award Record	Entry Category	Fee (JPY)	Membership Status
1	Ichiro Suzuki	SUZUKI ICHIRO	Ichiro Suzuki	Male	25		170	74	3rd DAN	1	5	10,000	NO
2											31	5,000	NO
3										1	33	2,500	NO
4	Satou Jiro	SATOU JIROU	Satou Jiro	Male	10	Elementary 4	135	30	1st KYU		42	5,000	NO
5										1	73	2,500	NO
6												25,000	
7													
8		*Please enter one event per row.											
9		*Please enter the total amount.											
10													
11													
12													

* Competitors who placed in the past year should enter the number of awards

The 46th World Karate Association Shidokan International Championship
"The 46th Shidokan Open International Championship"
[Individual Entry Form]

I hereby declare that all information provided above is true and correct. We pledge to participate with integrity and in accordance with the rules of the tournament. In the event of any accident or injury during the match, we will not hold the organizer liable.

	Name	Furigana	Romaji	Gender	Age	Grade	Height (cm)	Weight (kg)	Rank	Award Record	Entry Category	Fee (JPY)	Membership Status
1													
2													
3													

[Example]

	Name	Furigana	Romaji	Gender	Age	Grade	Height (cm)	Weight (kg)	Rank	Award Record	Entry Category	Fee (JPY)	Membership Status
1	Ichiro Suzuki	SUZUKI ICHIRO	Ichiro Suzuki	Male	25		170	74	3	1	5	10,000	NO
2											31	5,000	NO
3										1	33	2,500	NO

*For double or triple entries, please use one row per event.

*Please fill out one sheet per person.

*Please submit to your officer or person in charge. Only the given application form should be sent to the Championship Office.

Brochure Advertisement Guidelines

Request for Advertisements and Donations for the Championship Brochure

For this 46th World Karate Association Shidokan International Championship "The 46th Shidokan Open International Championship," many foreign athletes will also take part and come to Japan.

However, the funds available to run the championship are currently insufficient. So that we at Shidokan can unite to make this championship a success, we kindly ask everyone for advertising fees and donations.

☆ **Shidokan shihan and officers are asked to contribute at least 100,000 yen per unit.**

© Advertising Rate Table

Brochure A4 size

A 1 page (H 28 cm x W 20 cm) 100,000 yen

B 1/2 page (H 14 cm x W 20 cm) 50,000 yen

C 1/4 page (H 7 cm x W 20 cm) 30,000 yen

*Please choose advertisement A, B, or C, or a donation, and mail it together with your ad copy or business card.

Cut line

I apply for advertisement A / B / C.

I donate the following amount.

Name

Address

TEL

Amount _____ yen